

WEEKLY MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Soup French Onion with Homemade Bread of the day	Soup Tomato with Homemade Bread of the day	Soup Roasted Red Pepper with Homemade Bread of the day	Soup Carrot & Coriander with Homemade Bread of the day	Soup
Main Dish Chicken Rogan Josh (GF ,DF & HF available)	Main Dish Beef Bolognaise (GF ,DF & HF available)	Main Dish Cumberland Pork Sausage with Onion Gravy (GF ,DF & HF available)	Main Dish Crispy Chicken Goujon (GF ,DF & HF available)	Main Dish
Vegan/Veggie Main Dish Chana Saag Aloo (chickpea, spinach & potato) (GF and DF available)	Vegan/Veggie Main Dish Roasted Vegetable & Lentil Bolognaise (GF and DF available)	Vegan/Veggie Main Dish Baked Plant Based Sausage (GF and DF available)	Vegan/Veggie Main Dish Crispy BBQ Quorn Strips (GF and DF available)	Vegan/Veggie Main Dish
Side Dish & Salads Basmati Rice Spiced Carrots & Peas	Side Dish & Salads Penne Green Vegetable Medley Sweetcorn	Side Dish & Salads Sauteed Cabbage Carrots Creamy Mashed Potato	Side Dish & Salads Chunk Chips Garden peas Baked Beans	Side Dish & Salads
Pudding Strawberry Jam & Coconut Sponge Whole Fruit (Vegan, DF and GF available)	Pudding Beetroot Chocolate Cake Yoghurt Whole Fruit (Vegan, DF and GF available)	Pudding Lemon Drizzle Slice Whole Fruit (Vegan, DF and GF available)	Pudding Jelly, Assorted Cakes or a choice of Whole Fruit (Vegan, DF and GF available)	Pudding

